

# IT'S GREAT OUTDOORS

SEVENDAYS@SUNDAYMAIL.CO.UK

With Christmas coming, what can you get for the outdoors man, woman or child in your life? We've got some ideas that will warm any activity-loving heart.



**FIONA RUSSELL**

## FOR THE KIDS



Level Animal Ski Gloves are perfect for little hands when skiing or snowboarding. £25, [www.greavessports.com](http://www.greavessports.com)

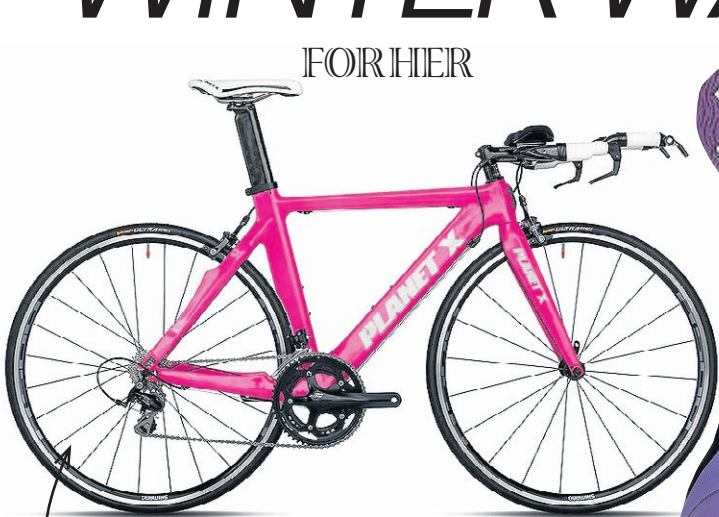
They'll look ultra cute in this hand-knitted Barts Crookie Inka Beanie. £22.99, [www.craigdonmountainsports.com](http://www.craigdonmountainsports.com)



Snow bunny, ladybird, ReinDeer and Shark Attack ski helmet covers that kids will love. £35.99, [www.headztrong.com](http://www.headztrong.com)

# TREAT THEM TO WINTER WARMERS

## FOR HER



In-your-face-pink, Planet X's acclaimed carbon fibre time trial, the Stealth, is set up for fast-paced racing. It is fitted with Shimano 105. £999.99, [www.planetx.co.uk](http://www.planetx.co.uk)



Trail runners swear by Hoka and the Clifton Women's Running Shoes are one of the most popular. £90, [www.achillesheel.co.uk](http://www.achillesheel.co.uk)



Give generously this Christmas. For every PureLime Compression Bra sold, 10 per cent of the price will go to the Danish Cancer Society.



From one of the best-known bottle makers, Sigg, comes the perfect gift for kids who love the great outdoors. £15.99, [www.mysigg.com](http://www.mysigg.com)



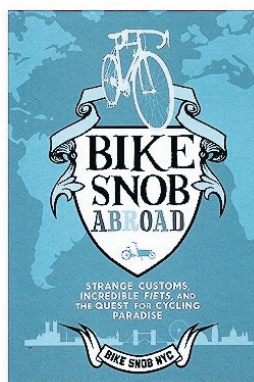
Aclima's Unisex Jib Beanie boasts a WoolNet liner to keep your head warm, even in sub-zero. £29.95, [www.nordicoutdoor.co.uk](http://www.nordicoutdoor.co.uk)



Garmin Vivofit wireless fitness wristband and activity monitor. Lightweight, waterproof and useful. Learns your activity level, assigns a daily goal and monitors your progress. £66, [www.amazon.co.uk](http://www.amazon.co.uk)



Outdoors-inspired slippers The North Face's Nuptse Tent Mule III. £25, [www.cotswoldoutdoor.com](http://www.cotswoldoutdoor.com)



**FOR HIM**  
Bike Snob Abroad tells the tales of Bike Snob and his international family cycling adventure (with two-year-old son in tow). £10.99, [cotswoldoutdoor.com](http://www.cotswoldoutdoor.com)



The very latest in personal trainer gadgets is Garmin Forerunner 920XT. It's perfect for precise recording of swimming, cycling and running. £398.99, [www.wiggle.co.uk](http://www.wiggle.co.uk)

Kitted out for cycling in dhb's stylish but practical Blok Superstar Jersey, with great wick-away fabric and plenty of pockets. £42.75, [www.wiggle.co.uk](http://www.wiggle.co.uk)