

**GEAR
OF THE WEEK**
CRAFT ACTIVE EXTREME
2.0 BASELAYER

The firm claim it's engineered to make athletes "lighter, faster and better" and version 2.0 builds on the successful Active Extreme, worn by 38 medallists at the Sochi Winter Olympics 2014. The fabric has great air permeability and rapidly drives moisture from the skin. Other features include 3D fit and body-mapped mesh panels, flat seams and a range of colours, including a reflective version. Long-sleeve top is around £36. See craftsports.wear.com



ON TOP OF THE WORLD
Jenny and Rick have climbed all 1556 Marilyns



Jenny Hatfield walked into the record books last week when she reached the summit of Cruinn a'Bheinn in Loch Lomond and the Trossachs National Park.

She is the first woman to complete all 1556 British mountains known as the Marilyns.

Jenny's partner Rick Salter also ticked off his final Marilyn, a title given to all hills and mountains in the UK with an independent peak of at least 150m.

And they became the first couple to finish the round at the same time.

To date, just eight others, all men, have achieved the impressive feat.

After her last Marilyn on Sunday, Jenny, 58, said: "I am thrilled to have finished the round of hills and mountains and very proud to be the first woman to do so."

The Marilyns list includes all the highest summits of Scotland, Wales and England. Many are remote and there are 236 Marilyns on islands. Two take the form of hard-to-reach sea stacks.

For Jenny, the Marilyns started 44 years ago, when she walked 950m Helvellyn in the Lake District.

She said: "I was on a youth hostelling trip with my sister. I remember that it was misty and deserted at the top and we fed seagulls with our sandwiches."

She could not have known then that it would be the start of something much bigger.

It was only 15 years ago, when she bought Alan Dawson's book *The Relative Hills of Britain* that Jenny began her more serious pursuit of the mountains.

She said: "I was attracted to the

Jenny's peak performance sets new record

list because it covers the whole of the UK, with hills of all sizes and characters, yet the list did not seem so big as to be unachievable."

Over the years, Jenny has enjoyed ticking off the summits. She said: "In my earlier days of hill bagging I tended to walk solo a great deal. Most of the higher Marilyns in Scotland and the north of England were done on my own."

"In the last 10 years I have walked all the hills with my partner Rick."

"I introduced him to the Marilyns soon after we met and they have been a common interest for us."

A year ago, Jenny realised she could be the first woman to complete the list.

She said: "After I climbed the St Kilda sea stacks, Stac Lee and Stac an Armin, a friend asked if I might become the first woman to finish the Marilyns."

"At that time I still had nearly 500 to climb but it sowed the seed in my mind."

"I realised that by devoting myself full-time to hill bagging I could aim to complete within a year, which would give me a good chance of being the first woman."

The remote and challenging Stac Lee is considered to be a crux in the

pursuit of all the Marilyns. In fact, one other woman has bagged all the summits, except for the Kilda stacks.

The push to complete the list has seen Jenny, from Cumbria, walk 3336 miles and climb 243,000m – equivalent to scaling Everest from sea level 28 times.

She said: "There was little time this past year for much else after the planning and travelling, then walking, eating and sleeping. "There were times when the weather was really bad for days on end and it's been a struggle against torrential rain and wind."

"I found it hard to eat enough to pack in all the calories needed for those big hill days, day after day."

"I had a lot of problems with sore feet but I didn't let that stop me from getting the hills climbed."

Last Sunday, Jenny, Rick and 40 friends walked to the 632m summit of Cruinn a'Bheinn on the eastern shores of Loch Lomond.

She said: "It was a great day with everyone there to walk with me. It feels good to have finished."

"I am now looking forward to our next challenge – to walk all the 454 Irish Marilyns."



HIGH LIFE Marilyn bagger Jenny

WHAT'S IN A NAME?

The chances are you have heard of a Munro – a mountain in Scotland that is more than 3000ft.

There are 282 Munros and a list was first defined by Sir Hugh Munro in 1891.

A Marilyn is a mountain measured metrically, rather than imperially.

The list was first compiled in the early 1990s by Alan Dawson in his book *The Relative Hills of Britain*.

A Marilyn is a summit with an independent peak – or prominence – of at least 150m.

The name is claimed to have been coined as a pun on the Munro – as in Marilyn Monroe.

However, this may just be a hillwalking myth.

At 1344m, Ben Nevis is the highest Marilyn and more than 200 Munros are also Marilyns due to their prominence.

The Marilyns include all of the Corbetts (Scottish hills between 2500ft and 3000ft) and Grahams (Scottish hills between 2000ft and 2500ft).

There are 1218 Scottish Marilyns.

Of the 175 English Marilyns, the highest is Scafell Pike at 978m. In Wales, Snowdon at 1085m is the highest of the 158 Welsh Marilyns. There are five Manx Marilyns.

Maol Domhnaich is the smallest Marilyn at 154m. It's on an uninhabited island to the south of Barra in the Outer Hebrides.



FIONA RUSSELL

Climber becomes first woman to reach summit of all 1556 British mountains on author's gruelling list.. 44 years after starting her quest on Helvellyn in the Lake District

Advice and ideas

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